



Claude Henry Griffin

FEB 24, 1931 - JUL 22, 2024



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Claude Henry Griffin

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Claude Henry Griffin, passed away on Monday July 22, 2024, at the age of 93. He was the beloved husband of Martha Landry.

Claude was born in Utley, Michigan on February 24, 1931, he was the son of the late Forest Delbert Griffin and Ida May (Wilfong), He was from Flint, Michigan.

Claude was a Navy Veteran. He worked in the automotive industry for General Motors and then transitioned to being a certified Yoga Instructor and owner of Life Work Yoga Studio in Clearwater Florida for over 40 years. He enjoyed being a published author, wood working, and he was a friend of Bill W., for 63 years.

Claude was the loving father to Jon Griffin and his wife Lisa, Sara Griffin and her wife Annie Anglim. Devoted grandfather to Andrew, Emma, Maximilio, and Madeline. Dear brother of Howard Griffin as well as a mentor and friend to Martha Landry's two children Mark and Lisa Billirakis.

He will be missed by all who knew and loved him, and his memory will be forever treasured by his family and friends.



Tribute Wall

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MM

Marty Maddox posted:

I am so very sorry to hear Claude has passed. He was the original and genuinely authentic teacher here in Pinellas. His spiritual light touched so many and changed lives forever. Claude is missed.

November 21 at 12:36 PM

RI

Rigo posted:

So sorry to hear about Mr Claude passing, but I'm Grateful I met him and learned so much from him, he was real life teacher, everything he went through in his life. Has gave me strength and respect for him and life in general, God fell fortunate to have him next to him. blessing for his dear family, sincerely Rigo

August 1 at 11:27 AM

MM

Maria Thibodeau Mason posted:

Claude was the real deal. America's Yogi. He was my teacher, mentor and friend. He ,along with Martha, made an enormous and lasting impression in my life. I am sad to say that I had not seen Claude or Martha in a few years, yet they remain in my heart always. Claude guided me towards a life changing path, one that has brought strength and awareness, consiousness and a gentle understanding of the differences that separate us are equal to the ties that bind us. Peace to you my dear friend until we meet again.

July 28 at 6:19 PM

SL

Suzanne Lanza July 31 at 1:19 PM

I am so grateful to have had time discussing life and it's complexities and enrichments with Claude over a bowl of oatmeal after home group meetings. I will miss his insights and stories of his travels. I enjoyed his writings and poetry very much. I'm certain Claude will be remembered with fondness. My sincere condolences to his wife and family 🦋

BS

Barbara Shimer July 29 at 12:29 PM

I am so sorry to hear of Ckaude's passing. He was my yoga teacher back in the 90's and I went through my teacher training program. I'll always remember his expertise, his ethics and his devotion to the practice. My sincerest sympathies to Martha and his family.

RG

Richard J Greene July 29 at 10:43 AM

The best



Memories only last if you share them

Join us in honoring Claude by contributing to a collection of shared memories.



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